

## WCHD/CDC Updated COVID Guidelines Lake Tahoe School – January 2022

On January 7, 2022, the Nevada Department of Health and Human Services released a revision to Directive 048 Full Guidance based on quarantine and isolation guidance affecting school settings released by the CDC on January 4, 2022.

**The following updated information applies to all faculty, staff, and K-12 students at Lake Tahoe School beginning Thursday, January 13, 2022.**

**Isolation** relates to behavior after a confirmed infection. Isolation for 5 days followed by wearing a well-fitting mask will minimize the risk of spreading the virus to others.

**Quarantine** refers to the time following exposure to the virus or close contact with someone known to have COVID-19.

### **Isolation of Students and Staff Testing Positive for COVID-19:**

- Any individual who tests positive for COVID, regardless of symptoms or vaccination status, must isolate for a minimum of 5 days.
- If after 5 days the individual is symptom free or symptoms are resolving (minimum 24 hours with no fever and without use of fever reducing medications and other symptoms are improving), **they may return to school on the 6<sup>th</sup> day.**
- Following return to school, strict adherence to face mask requirements must be followed.

### **Quarantine of Close Contacts:**

- Close Contacts that are unvaccinated or under vaccinated (one vaccination or both vaccinations not yet in full effect), as defined by the CDC must quarantine for 5 days.
  - If after 5 days the individual is symptom free (minimum 24 hours with no fever and without use of fever reducing medications), and tests negative with at least an antigen rapid test, **they may return to school on the 6<sup>th</sup> day.**
  - Following return to school, strict adherence to face mask requirements must be followed.
  - Close Contacts that are fully vaccinated as defined by the CDC or who have had confirmed COVID-19 within the last 90 days, and who are symptom free, do not have to quarantine.
  - If symptoms develop, individual should follow isolation instructions.
- Lake Tahoe School requires that all close contacts and exposures be tested on or after 5 days of last exposure and shared with the school. PCR tests are preferred, though antigen tests are acceptable as well.**